



Understanding the terms

Unpacking the Alphabet Soup



Useful terms



Ally

Straight or gender conforming supporter of equality or justice. NOT an identity but an action.

Closeted

One who is actively hiding part of their identity





Coming Out

Process of selfaccepting and revelation of one's orientation and identity.

Inviting In



A more gentle way of describing coming out which offers a more controlled concept.

Gender

The state of being male or female (typically used with reference to social and cultural differences rather than biological ones).

Gender Identity

One's innermost concept of self as male, female, a blend of both or neither – how individuals perceive themselves and what they call themselves. One's gender identity can be the same or different from their sex assigned at birth.

Gender Expression

External appearance of one's gender identity, usually expressed through behavior, clothing, haircut or voice, and which may or may not conform to socially defined behaviors and characteristics typically associated with being either masculine or feminine.

Sex

A person's biological gender status assigned at birth.

Agender

People who do not identify with any gender or gender identity

Bigender

People who identify with two different genders or gender identity, either at the same time or at different times.

Cisgender

People whose gender assigned at birth matches their bodily presentation AND their own psychological and spiritual sense of gender identity. Also known as gender normative.

Gender

Cross-dressing

A cisgender person wearing the clothing of and presenting as another gender. NOT transgender as they do not have the gender identity of the opposite sex.

Drag

Similar to cross dressing but specifically for performance purposes and again NOT transgender.

Gender Fluid

Those whose gender or gender expression shifts between masculine and feminine either in the way they present themselves of how they identify themselves to others.

Genderism

Prejudice against trans people – as opposed to fear.

Gender Queer

Self-expression for those whose gender identity moves outside binary expressions.

Intersex

People whose sex characteristics (physical, hormonal, chromosomal) are not clearly defined.

Nonbinary

People who do not identify with either male or female binary expressions – may be agender or somewhere in between male/female continuum.

Gender

Transgender

People whose psychological and spiritual sense of gender differs from social and cultural expectations attached to their biological and physical birth characteristics.

Transsexual

People who identify to the opposite sex to that which they were assigned at birth. Older term not often used now. Transition

Process which a transgender or transsexual person undergoes to alter their assigned birth sex so it aligns with their gender identity.

Transphobia

Irrational fear of transgender persons.

Two-spirit

Native American term to describe intersex, transgender, or other gender-variant people.





Gender

Pronouns

Use of identifying gender pronouns is important for people who feel that the binary he/she are not descriptive of themselves.

She / Her / Hers / Herself

He / Him / His / Himself

They / Them / Theirs / Themselves

Ze / Zir / Zirs / Zirself

Ey / Em / Eir / Eirself

Name / Name / Name's / Name



Orientation

Asexual	Bisexual	Gay
A person who does not	People who experience sexual	Same-sex attraction blanket
experience sexual attraction in	and emotional attraction to	term although more commonly
any regard. Not celibate!	both men and women.	assigned to men

Orientation

Heterosexual	Heterosexism	Homophobia
People who are sexually and emotionally attracted to the "opposite" sex.	Prejudice against those who are not heterosexual.	Irrational fear of those who are not heterosexual

Orientation

5

Homosexual

Lesbian

Pansexual

Historical term used both positively and negatively to describe gay and lesbian people. Typically now only used by those who hold non-affirming theological positions.

Women who experience sexual and emotional attraction to other women.

People who experience sexual or affectional attraction to persons of any gender identity or sex.

Orientation

Queer	Same gender loving	Straight
Anyone who lives outside the heterosexual, gender conforming norms.	African American contextual word for gay and/or lesbian.	Heterosexual and gender conforming.

Where we use them



^s Membership Application

Thank-you for your interest in becoming a member or affiliate! For more information about membership, including <u>benefits, types of membership</u>, and <u>rates</u>, please visit the <u>Membership</u> <u>section</u> of our web site. To apply for membership, simply complete the following online application form below.

Forms/Name Genders

E.G. Membership forms which have a space for Sex rather than Gender. Include preferred pronouns.



Bulletins

Gender specific words and language

Everyday Language In all we say or do.



Language keeps changing!

Read publications – The Advocate, Huffington Post, Websites such as Human Rights Campaign (HRC) and theological publications

Don't be nervous! You don't have to know it all to be affirming.

Ask!

"May I ask what words you use to describe yourself? "Can you tell me what the words mean to you?"

Don't be silent!

Silence sends a signal of forbidden or taboo subjects.



